



ANNUAL REPORT 2025

**Healing
Hoofbeats
of CT, Inc**



A WORD FROM OUR FOUNDER

Each year as I sit down to write a year in review for the Annual Report, I am overcome with gratitude for how this organization has been supported in its growth over the past 365 days. In looking at the programs we have run, the clients we have seen, the board members we have taken on, and the new Animal Healers added to our herd, it is obvious to me that what we are doing is working. Bringing a growth mindset to a nonprofit can be hard, not everything is linear and often you want things to move faster than they do in real time. However, hindsight is 20/20 and when I take a macro view of 2025, I am thrilled with how far we've come and look forward to what 2026 will bring us!

This fall, in order to accommodate an ever-expanding client base due to mental health needs in our community, we partnered with the Time Out Foundation in Lakeville, Connecticut to be able to see clients on their farm using their 12 incredible horses. This means that Healing Hoofbeats now operates in two locations, making it easier than ever to book an appointment and avoid a waitlist for new clients.

We have increased our staff by welcoming two interns, Shauna and Jen, who have been able to take on new clients and help with administrative work behind the scenes in order to become Licensed Clinicians themselves. After a targeted campaign to bring on new Executive Board Members, we are thrilled to have welcomed three new fantastic additions; Jennifer Bastiaanse, Nancy Dalrymple, and Amanda Timolat. Each woman brings a wealth of experience and expertise in their field and have settled in nicely to help create new committees and support project development on the board.

Our herd of incredible Animal Healers saw the addition of Cali and Evie, two large horses donated after successful and lengthy riding careers so that they can continue to help others in new ways.

In 2025 we still wanted to make sure that our Operation Warrior Horse Fund evolved into something beyond just providing free therapy for Veterans. Our first-ever OWH Overnight Retreat was held in Fall 2025 and was made successful by corporate, nonprofit, and singular donors who wanted to gift Veterans the chance to heal. Participants camped on our farm for 24 hours interacting with licensed mental health professionals and our Animal Healers where they gained a better awareness of their body and how their triggers affect their nervous system. This retreat helped our Veterans better understand the ways they respond to their environment and the people in their lives and has been a vision of mine for years. In 2026 we will host a Women's Veteran Retreat in the spring as well as the Men's retreat again in the fall.

In case I don't get to see you face to face to thank you, I want all of our donors, sponsors, and clients to know just how much your support means to each and every one of us here at Healing Hoofbeats, and we look forward to growing with you all in 2026!

reneé bouffard

FOUNDER/EXECUTIVE DIRECTOR



HEALING IN ACTION

JANUARY 2025- DECEMBER 2025

CLIENTS PER WEEK

65

**76% OF OUR
CLIENTS USE
OUR
FINANCIAL AID
FUND**

IN 2025 WE HAD....

3,640

INDIVIDUAL
THERAPY
SESSIONS

3

NEW ANIMAL
HEALERS JOIN
THE HERD

55

NEW DONORS
GIVE TO HH
OF CT

3

NEW MEMBERS
JOIN THE
EXECUTIVE
BOARD

8

VETERANS COME
TO OUR FIRST
OVERNIGHT
RETREAT

GRANTS RECEIVED

9

**THANK YOU
FOR HELPING
ENHANCE OUR
MISSION'S
IMPACT!**

HEALING HOOFBEATS OF CT, INC

We are a 501(c)(3) nonprofit organization based in Bethlehem and serving clients all across Connecticut. Our Licensed Therapists work with each individual we serve to help them begin the healing process, set therapeutic goals, and establish meaningful connections in their lives.

MISSION

To foster connection and support empowerment through equine and animal supported therapy.

VISION

It is our belief that through learning how to build mutually beneficial relationships with animals we begin to heal from past experiences, learn how to navigate difficult situations and feel more at peace in our lives.

OUR PROGRAMS

INDIVIDUAL PSYCHOTHERAPY

Equine & Animal Supported Psychotherapy captures the powerfully healing effects of the bond between humans and animals. It is our philosophy that everything that happens in our lives happens in the context of relationships; and that is how we begin to heal, through connection. Clients engage in this nature-based therapy through partnering with a horse or another farm animal of their choosing to learn how to build and maintain mutually beneficial relationships. Individual psychotherapy is facilitated by one of our licensed mental health professionals.



Partnering with an animal is a non-judgmental way to begin to heal from past wounds and learn more effective ways to engage in a relationship. Through this experiential therapy, these skills begin to create new pathways in our brain and enhance our daily interactions outside the farm, so that we can feel more empowered in our lives.

NEW FOR 2026, DAY AND OVERNIGHT RETREATS!



In 2026, we have set a goal to bring new day and overnight retreats to our organization. Last year's overnight Operation Warrior Horse Men's retreat was such a success that we are excited to be hosting an overnight Women Veterans Retreat as well as an early summer day retreat for children in the foster care system. These retreats will be subsidized by grant funding from our Financial Aid Fund.

OPERATION WARRIOR HORSE FUND

Our Operation Warrior Horse Fund aims to provide free therapy for all Veterans for as long as they need and provide twice yearly meetups facilitated by our therapists to create a sense of camaraderie. Grants, donations, and sponsors such as yourself make up the base of our OWH Fund supporters

Every donation aids in establishing scholarships for Veterans to experience the healing effects of the horse and human connection at Healing Hoofbeats of CT. Our mission is to raise \$10,000 in 2026 to provide 50 free therapy sessions to our Veteran clients. A portion of these funds may be used for overhead costs as well.



OWH OVERNIGHT RETREAT



Our first ever Operation Warrior Horse Retreat was held in September 2025. This special event was held to give our Veterans a sense of healing in order to jump start or enhance their therapy journey. Through group activities and individualized work, participants left the farm more prepared to handle civilian life than before they came.

Participants were on our farm for 24 hours interacting with licensed mental health professionals and our Animal Healers where the aim was to gain a better awareness of their body and how their triggers affect their nervous system.

Our hope was that attendees will then be able to learn strategies to calm their nervous system through working with animals engaging in a mindful capacity. Often, when there is a lack of awareness and understanding of our triggers and responses there is also a lot of shame and guilt. Here, Veterans will learn the beginning pieces to forgiving themselves for these feelings and to understand that these are natural responses to trauma and experiences incurred while serving our country.

Through connecting with the animals and other participants, our attending Veterans enhanced their emotional vocabulary and understanding, and began the process of recognizing how their internal and external relationships are affected.

INCOME FY25

| | |
|---------------------|------------------|
| PROGRAM ACTIVITY | \$150,000 |
| GRANTS | \$29,000 |
| GENERAL DONATIONS | \$20,000 |
| IN KIND DONATIONS | \$34,000 |
| TOTAL INCOME | \$233,000 |

EXPENSES FY25

| | |
|----------------------------------|-----------|
| HH FARM FEES | \$30,000 |
| TRAVEL | \$500 |
| MEALS | \$2,000 |
| OFFICE SUPPLIES | \$1,500 |
| ANIMAL FEED/SUPPLIES/VET/FARRIER | \$20,000 |
| SUBSCRIPTIONS | \$500 |
| MARKETING. | \$1,000 |
| EDUCATION | \$3,000 |
| INSURANCES | \$5,000 |
| OFFICE EXPENSES | \$6,000 |
| UTILITIES | \$2,000 |
| PROFESSIONAL SERVICES | \$2,000 |
| EMPLOYEE PAYROLL | \$200,000 |
| | |
| TOTAL EXPENSES | |
| \$273,500 | |

ASSETS

| | |
|---------------------|-----------------|
| TOTAL ASSETS | \$62,000 |
|---------------------|-----------------|

THANK YOU TO OUR GENEROUS 2025 DONORS

We are incredibly grateful for the support that you have provided! Individuals, businesses, and organizations recognized Healing Hoofbeats as a vital resource for the community. Your generous donations allow us to continue our mission to provide the therapeutic and educational services necessary to help individuals in need lead more empowered lives. Thank you!

| | | |
|-----------------------------|---------------------------|-------------------------------|
| Alexandra Alcoff | Dana Sorvillo | Malissa Harber |
| Allison Gennings | David Bouffard | Margaret Flaherty |
| Amanda Kennedy | Diane and Louis Hardt | Marie Carlucci |
| Andrea Bambary | Donata Dziejma | Marissa Stankus |
| Anita Rusnak | Elizabeth Carlucci | Mary Ann Swann |
| Anthony & Diane | Elizabeth Whalen | Mary Hess |
| Portanova | Ellen Sartin | Mary-Anne Blount |
| Anthony and Kimberly | Elodie Ehr Gott | Megan Shockley |
| Correia | Eric Schessl | Melanie Matcheson |
| April Johnson-Thrall | Ernest Lammer | Mike Kulick |
| Ashley Kenney | Fat City Screenprinting | Naugatuck Chamber of |
| B&W Home Inspection, LLC | Glenn Jarvis | Commerce |
| Bonnie Krawiec | Heather Allen | Nicole Bouffard |
| Brenda Kennedy | Heather Boscarino | Northwest Community Bank |
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| Chipman Mazzucco | Hilary Eurich | Northwest Connecticut |
| Emerson, LLC | Joanna Fulton | Community Foundation, INC. |
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| Church of Christ Norfolk | John Murphy | PayPal Giving Fund |
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| Clinton Avenue School | Julia Nield | Post 1672 VFW Auxillary 07-06 |
| Connor Stack | Karen Powell | Rachael Allderige |
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| Cris Bouffard | Kathryn Flodquist | Richard Bouffard |
| Dan Holden | Katie Kenney | Ricky Swann |
| Larry Kenney | Kerri Kenney-Silver | Robin Sciarabba |
| Linda Bacco | Kevin and Martha Wortman | Rosemarie Adams |
| | Kristen Kandefer | |
| | Litchfield Lions Club | |
| | Lori Angelo | |
| | Lori Wootton | |

2025 DONORS CONTINUED

Rosemarie and Max
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Sarah Mitchell
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Shaun Devine
Shirley Bouffard
Suha/Margaret Zia
Susan Lewis
Thomas Dorney
Thomaston Savings Bank
Tina Thornton
Veterans K9Equine
Alliance Inc.



IN MEMORIAM

It is with much sadness and a heavy heart that we must let our clients, supporters, and donors know about the passing of two of our beloved Animal Healers. Sadie and Hazel brought such joy, wonder, and healing to children and adults alike. Their unique ability to connect with clients made them ideal for our special program and we are happy we were able to keep them happy and healthy until the end. Thank you to our veterinarians at Grand Prix Equine and Roxbury Animal Clinic for their support through the health struggles both Sadie and Hazel had been enduring.



VOLUNTEER OF THE YEAR!

Liz M. has consistently shared her passion and talents with Healing Hoofbeats throughout 2025, whether she is helping baby kittens directly after birth, to painting adorable animals on our new therapy room walls. We are so grateful to have Liz as a dedicated presence on our farm.

"I'm Liz M., I am thrilled to share why I volunteer at Healing Hoofbeats, a remarkable farm where animals play a vital role in emotional support during therapy. This special place is home to a diverse group of gentle, loving animals—horses, goats, chickens, cats, dogs, and even Hazel, the resident pig. Also here is Toby, a goat from my own farm, who has found a perfect home here, bringing joy to everyone he meets. Each animal is carefully chosen for their calm and approachable nature, making them ideal companions for therapy.

Volunteering at Healing Hoofbeats allows me to support a mission that truly resonates with me: helping people connect with animals to become their best and truest selves. There's something magical about the way animals create a safe, non-judgmental space where individuals can heal, grow, and express themselves authentically. I experience this connection many times a day on my own farm, so I know the value of human/animal connections. My role involves assisting with the care of these wonderful animals, ensuring they're healthy and ready to provide comfort.

From feeding to maintaining their spaces, I find joy in contributing to the farm's operations. Knowing that my efforts help facilitate life-changing therapy sessions makes every moment worthwhile. Healing Hoofbeats is more than a farm; it's a sanctuary where human-animal bonds foster emotional well-being. I'm proud to volunteer here, supporting a cause that transforms lives through the gentle presence of animals. If you're looking for a place where compassion and connection thrive, Healing Hoofbeats is it."



2025 VOLUNTEER HONOREES



We are so grateful to the wonderful folks at Baroco Corporation for their dedication to volunteering twice a week at Healing Hoofbeats of CT.

Baroco is "committed to providing innovative opportunities for people with disabilities to participate and contribute to their communities. We prioritize dignity, choice, and cultural diversity, promoting integration and family involvement." If you've noticed the farm looks extra beautiful lately. It is because of their hard work and effort!



EVERSOURCE

We are thrilled to shine a spotlight on the incredible volunteers from Eversource Energy Group! For three years in a row their team, led by Ana Alfaro, Program Manager of Corporate Citizenship, has visited our farm to complete projects for which they had granted us funding.

Their continued dedication to helping us at Healing Hoofbeats of CT has been invaluable. From putting together a pergola, to repairing raised beds, making the garden more ADA accessible, their hard work ensures that this space thrives as a sanctuary for both our clients and therapy animals.



Hayden of Scouting America Troop 480



Hayden came to Healing Hoofbeats of CT to help us build a farm stand to have on our property from which we can sell the fruits and vegetables grown in our community garden! Hayden is a Junior at Nonnewaug High School who participated in Timber Team. To earn Eagle Scout, he must earn at least 21 merit badges (with 14 required), serving in a troop leadership position for at least six months and completing an Eagle Scout service project. He must also demonstrate active participation in his unit and Scout spirit, and take part in a Scoutmaster conference. Hayden was Senior Patrol Leader last year and we are thrilled that he chose Healing Hoofbeats of CT as the location to complete his Eagle Scout Project!

NEW PARTNERSHIPS

VETERANS K9EQUINE ALLIANCE

This past May, we were honored by the Veterans k9equine Alliance at their first ever Hero's Gala and were the recipients of funds raised from the charity auction at the event. We have also received support in purchasing hay for our Animal Healers through their Hay for Heroes campaign.

Veterans k9Equine Alliance has a mission to create a national network of nutritional and veterinary support for the canine and equine organizations who heal our Veterans and is headquartered in Danbury, Connecticut.



CJK FOUNDATION



Established to carry on the selfless and loving nature of Connie J. Klanica, The CJK Foundation is a Connecticut not-for-profit organization dedicated to creating positive change and hope in the darkest of times by advocating awareness, supporting patients and their families undergoing treatment, and raising funds for research.

Healing Hoofbeats is grateful to have been in partnership with CJK throughout 2025 and been a recipient of donations to our general Financial Aid Fund and to specific clients in need of continuing mental health care.

UPCOMING EVENTS FOR 2026

BUY A BALE CAMPAIGN

Our annual campaign aiming to raise \$8,000 to purchase a year's worth of locally grown hay for our Animal Healers March 1-31st.

DONOR EVENTS

Donor appreciation cocktail hour
June 11th, 2026 5:30-6:30pm

OPEN FARM DAY

Free and family friendly!
May 17, 2026

WOMEN VETERANS RETREAT

Spring 2026

MEN VETERANS RETREAT

Fall 2026

WAYS TO DONATE

PLEASE VISIT OUR WEBSITE'S DONATION PAGE

WWW.HEALINGHOOFBEATSOFC.T.ORG/SUPPORT FOR CREDIT CARD DONATION

CHECKS MAY BE MAILED TO:
HEALING HOOFBEATS OF CT
41 JUDGE LN
BETHLEHEM, CT 06751



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